

LEARN TO SKATE

PreCanSkate

- New skaters age 4+
- No skating experience
- Coach/Skater Ratio 1:4

CanSkate

- Ages 4-10
- Able to skate unassisted
- Coach/Skater Ratio: 1:8

CanFigureSkate

- CanSkate 1-4 Level
- Figure Skates and Attire Required
- Coach/Skater ratio 1:8

Double Digit

- CanSkate program for ages 11+
- Able to skate unassisted
- Coach/Skater Ratio: 1:8

Adult Skate

- CanSkate program for ages 18+
- Able to skate unassisted
- Coach/Skater Ratio: 1:8

Pre/Canskate Privates

- Ages 4+
- Recommended 1 hour/week
- Custom lesson plans to fit your skater's individual needs

All Group Lessons will be online registration

FHFSC reserves the right to cancel sessions if minimum registration requirements are not met or other related reasons. You will be notified in advance.

HOCKEY SKILL PROGRAMS

Power Hour

- CanSkate 1+ Level
- Hockey gear required
- Hockey specific skating skills
- Coach/Skater Ratio 1:8

FIGURE SKATING PROGRAMS

STARSkate Group

- Figure Skating specific skills
- Must have passed CanSkate 4
- Figure Skates and Attire Required
- Coach/Skater Ratio 1:8

STARSkate

- CanSkate 5- STAR 4
- Private Lessons combined with a Group Lesson
- Figure Skates and Attire are required
- Recommended 3 hours/week

Academy

- STAR 5- 10 + Gold
- Must have passed both parts of STAR 4 Free skate tests
- Private lessons only

Mixed Privates

- Open session to all levels
- Canskate/StarSkate/Academy/Adult
- Custom lesson plans to fit your skater's individual needs

Private Lessons

Private lessons organized by Coach, club will manually invoice; parents will be emailed to make payment in their account



SEASON 5

MAY 1 – JUNE 30, 2022

Group Register online at
www.fhfsc.ca

Schedule and pricing subject to change due to Covid restrictions and capacity limits.

Larry Grossman Memorial Arena
340 Chaplin Cres.
Toronto, ON

WWW.FHFSC.CA
office@fhfsc.ca

SEASON 5

Larry Grossman Arena – **Small Rink**

May 1 – May 28

4 WEEKS - WEEKENDS

	SUNDAY	SATURDAY
PreCanSkate Group/Private	4:10-5:00pm 5:00-6:00pm	9:00-10:00am 10:00-11:00am
CanSkate Group/Private	4:10-5:00pm 5:00-6:00pm	9:00-10:00am 10:00-11:00am
CanFigureSkate Group		11:00-12:00pm
STARSkate Group	6:00-7:00pm	10:00-11:00am
Adult Group/Private	8:00-9:00pm	
Mixed Privates	5:00-6:00pm 6:00-7:00pm	11:00-12:00pm 12:00-1:00pm
Power Hour Group/Private	7:00-8:00pm	1:00-2:00pm

PRIVATE LESSONS:

Consult your coach for booking and scheduling.

- Please note: Coaching fees for private lessons are in addition to ice time costs
- Ice time fees must be booked and paid to FHFSC before the skater steps on the ice.

SEASON 5

Larry Grossman Arena – **Large Rink**

May 1 – June 30

9 WEEKS - WEEKDAYS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PreCanSkate Group & Private	4:10-5:00pm	4:10-5:00pm	4:10-5:00pm	4:10-5:00pm 5:00-6:00pm	4:10-5:00pm
CanSkate Group/Private	4:10-5:00pm	4:10-5:00pm	4:10-5:00pm	4:10-5:00pm 5:00-6:00pm	4:10-5:00pm
STARSkate Group				5:00-6:00pm	
Double Digit Group	5:00-6:00pm				
Adult Group & Corporate Adult				8:00-9:00pm	
Mixed Privates	5:00-6:00pm				5:00-6:00pm
STARSkate Privates	6:00-7:00pm	5:00-6:00pm 6:00-7:00pm	5:00-6:00pm 6:00-7:00pm	6:00-7:00pm 7:00-8:00pm	6:00-7:00pm 7:00-8:00pm
Academy Privates	6:00-7:00pm	5:00-6:00pm 6:00-7:00pm	5:00-6:00pm 6:00-7:00pm	6:00-7:00pm 7:00-8:00pm	6:00-7:00pm 7:00-8:00pm